

This informational booklet provides a generic, non-exhaustive overview of a particular topic related to OSHA standards. It does not alter or determine compliance responsibilities in OSHA standards or the *Occupational Safety and Health Act of 1970*. Because interpretations and enforcement policy may change over time, you should consult current administrative interpretations and decisions by the Occupational Safety and Health Review Commission and the Courts for additional guidance on OSHA compliance requirements.

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Hearing Conservation

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OSHA Assistance, Services, and Programs

How Can OSHA Help You?

OSHA's assistance, services, and programs are available to help you understand and comply with OSHA's safety and health standards. OSHA's assistance, services, and programs are available to help you understand and comply with OSHA's safety and health standards. OSHA's assistance, services, and programs are available to help you understand and comply with OSHA's safety and health standards.

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U.S. DEPARTMENT OF LABOR
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(202) 693. 2498.

U.S. Department of Labor, Bureau of Labor Statistics
20402, (202) 512. 1800.

What are the most common types of workplace injuries and illnesses?

According to the Bureau of Labor Statistics, the most common types of workplace injuries and illnesses are:
(800) 321. 7800.
(877) 889. 5627.

For more information, visit www.osha.gov.

OSHA Regional and Area Office Directory

OSHA Regional Offices

Region I

(, * , , , , *)
 201, , , , , 340
 02203
 (617) 565. 9860

Region II

(, * , * , * , *)
 201, , , , , 670
 10014
 (212) 337. 2378

Region III

(, , , , * , * , * , *)
 170, , , , ,
 740
 19106-3309
 (215) 861. 4900

Region IV

(, , , , * , , * , *)
 61, , , , , 6 50
 30303
 (404) 562. 2300

Region V

(, , * , * , * , * , *)
 230, , , , ,
 3244
 60604
 (312) 353. 2220

Region VI

(, , , , * , ,)
 525, , , , , 602
 75202
 214) 767. 4731 - 4736 224

Region VII

(, * , , , ,)
 1100, , , , , 800
 64105
 (816) 426. 5861

Region VIII

(, , , , , U , * , *)
 1999, , , , , 1690
 46550
 80202-5716
 (303) 844. 1600

Region I

(, , , , * , , * , *)
 71, , , , , 420
 94105
 (415) 975. 4310

Region

(, , * , * , * , *)
 1111, , , , , 715
 98101-3212
 (206) 553. 5930

*

OSHA Area Offices

(907) 271. 5152

(205) 731. 1534

(251) 441. 6131

(501) 324. 6291

(617) 565. 8110

(201) 288. 1700

(413) 785. 0123

(856) 757. 5181

(410) 865. 2055/2056

(973) 263. 1003

(207) 941. 8177

(775) 885. 6963

(207) 780. 3178

(518) 464. 4338

(517) 327. 0904

(718) 279. 9060

(612) 664. 5460

(716) 684. 3891

(816) 483. 9531

(212) 337. 2636

(314) 425. 4249

(315) 451. 0808

(601) 965. 4606

(914) 524. 7510

(406) 247. 7494

(516) 334. 3344

(919) 856. 4770

(513) 841. 4132

(701) 250. 4521

(216) 522. 3818

(402) 221. 3182

(614) 469. 5582

(603) 225. 1629

(419) 259. 7542

(732) 750. 3270

(405) 278. 9560

(503) 326. 2251

(610) 776. 0592

(814) 833. 5758

(717) 782. 3902

(215) 597. 4955

(412) 395. 4903

(570) 826. 6538

(787) 277. 1560

(401) 528. 4669

(803) 765. 5904

(615) 781. 5423

(512) 916. 5783/5788

(361) 888. 3420

(214) 320. 2400/2558

(915) 534. 6251

(817) 428. 2470

(817) 485. 7647

(281) 591. 2438/2787

(281) 286. 0583/0584/5922

(806) 472. 7681/7685

(801) 530. 6901

(757) 441. 3820

(206) 553. 7520

(920) 734. 4521

(715) 832. 9019

(608) 264. 5388

(414) 297. 3315

(304) 347. 5937

OSHA-Approved Safety and Health Plans

Alaska Department of Labor and Workforce Development

(907) 465. 2700
: (907) 465. 2784

(907) 269. 4904
: (907) 269. 4915

Industrial Commission of Arizona

(602) 542. 4411
: (602) 542. 1614

(602) 542. 5795
: (602) 542. 1614

California Department of Industrial Relations

(415) 703. 5050
: (415) 703. 5114

(415) 703. 5100
: (415) 703. 5114

(415) 703. 5177
: (415) 703. 5114

Connecticut Department of Labor

(860) 566. 5123
: (860) 566. 1520

(860) 566. 4550
: (860) 566. 6916

Hawaii Department of Labor and Industrial Relations

(808) 586. 8844
: (808) 586. 9099

(808) 586. 9116
: (808) 586. 9104

Indiana Department of Labor

(317) 232. 2378
: (317) 233. 3790

(317) 232. 3325
: (317) 233. 3790

Iowa Division of Labor

(515) 281. 6432
: (515) 281. 4698

(515) 281. 3469
: (515) 281. 7995

Kentucky Labor Cabinet

(502) 564. 3070
: (502) 564. 5387

(502) 564. 3070, 240
: (502) 564. 1682

**Maryland Division
of Labor and Industry**

(410) 767. 2999
: (410) 767. 2300

(410) 767. 2992
: 767. 2003

(410) 767. 2215
: 767. 2003

**Michigan Department of
Consumer and Industry Services**

(517) 322. 1814
: (517) 322. 1775

**Minnesota Department
of Labor and Industry**

(651) 296. 2342
: (651) 282. 5405

(651) 296. 6529
: (651) 282. 5293

(651) 282. 5772
: (651) 297. 2527

**Nevada Division
of Industrial Relations**

(775) 687. 3032
: (775) 687. 6305

(702) 486. 9044
: (702) 990. 0358

(702) 687. 5240

**New Jersey Department
of Labor**

(609) 292. 2975
: (609) 633. 9271

(609) 292. 2313
: (609) 292. 1314

(609) 292. 3923
: (609) 292. 4409

**New Mexico Environment
Department**

(505) 827. 2850
: (505) 827. 2836

(505) 827. 4230
: (505) 827. 4422

New York Department of Labor

(518) 457. 2741
: (518) 457. 6908

(518) 457. 3518
: (518) 457. 6908

**North Carolina Department
of Labor**

(919) 807. 2900
: (919) 807. 2855

(919) 807. 2861
: (919) 807. 2855

(919) 807. 2863
: (919) 807. 2856

**Oregon Occupational Safety
and Health Division**

(503) 378. 3272
: (503) 947. 7461

(503) 378. 3272
: (503) 947. 7461

(503) 378. 3272
: (503) 947. 7461

**Puerto Rico Department of
Labor and Human Resources**

(787) 754. 2119
: (787) 753. 9550

(787) 756. 1100/1106, 754. 2171
: (787) 767. 6051

(787) 756. 1100, 1106/754. 2188
: (787) 767. 6051

**South Carolina Department of
Labor, Licensing, and Regulation**

(803) 896. 4300
: (803) 896. 4393

(803) 734. 9644
: (803) 734. 9772

Tennessee Department of Labor

(615) 741. 2582
: (615) 741. 5078

(615) 741. 2793
: (615) 741. 3325

Utah Labor Commission

(801) 530. 6901
: (801) 530. 7906

(801) 530. 6898
: (801) 530. 6390

**Vermont Department
of Labor and Industry**

(802) 828. 2288
: (802) 828. 2748

(802) 828. 2765
: (802) 828. 2195

**Virgin Islands Department
of Labor**

(340) 773. 1990
: (340) 773. 1858

(340) 772. 1315
: (340) 772. 4323

Virginia Department

OSHA Consultation Projects

(907) 269. 4957

(317) 232. 2688

(205) 348. 3033

(785) 296. 2251

(501) 682. 4522

(502) 564. 6895

(602) 542. 1695

(225) 342. 9601

(916) 263. 2856

(617) 727. 3982

(970) 491. 6151

(410) 880. 4970

(860) 566. 4550

(207) 624. 6400

(202) 541. 3727

(517) 322. 1809

(302) 761. 8219

(651) 284. 5060

(813) 974. 9962

(573) 751. 3403

(404) 894. 2643

(601) 939. 2047

9. 1. (671) 475. 1101

(406) 444. 6418

(808) 586. 9100

(919) 807. 2905

(515) 281. 7629

(701) 328. 5188

(208) 426. 3283

(402) 471. 4717

(312) 814. 2337

(603) 271. 2024

(609) 292. 3923

(505) 827. 4230

(518) 457. 2238

(702) 486. 9140

(614) 644. 2631

(405) 528. 1500

(503) 378. 3272

(724) 357. 2396

(787) 754. 2171

(401) 222. 2438

(803) 734. 9614

(605) 688. 4101

(615) 741. 7036

(512) 804. 4640

(801) 530. 6901

(802) 828. 2765

(804) 786. 6359

(809) 772. 1315

(360) 902. 5638

(608) 266. 9383

(262) 523. 3044

(304) 558. 7890

(307) 777. 7786



Occupational Safety
and Health Administration

U.S. Department of Labor